

# SUSTAINABLE

Thank you for supporting our Conservation Commitment

## 4 Tips for reducing your environmental impact during the holiday season

- Instead of sending holiday cards consider using e-cards like 123Greetings.com.
- Try packaging this year’s gifts in comics, newspaper, or old maps.
- Invest in LED holiday lights, which use 90% less energy than traditional lights.
- Give a gift that helps someone go green. Items everyone wants such as energy-saving power strips, motion sensor lights or reusable stainless-steel water bottles make great gifts.

## Reviving Holiday Leftovers.

### Turkey Thai Curry

**Supplies:** 1 tsp olive oil, two chopped up bell peppers, two minced garlic cloves, 1tsp minced ginger, 2 cups leftover sliced turkey, 2 tbsp red Thai curry paste, 14 oz. coconut milk, 1/4 cup chicken stock, 1 tsp brown sugar, 1 tsp fish sauce, juice of 1 lime, chopped cilantro, boiled rice.

#### Directions:

1. Heat olive oil in a large skillet and add chopped peppers.
2. Cook on medium heat for two minutes, then add garlic, ginger cooked turkey.
3. Stir for 1 minute, then add curry paste. Stir again for one minute.
4. Add in coconut milk and stock. Bring to bubble.
5. Let the curry simmer for 10 minutes, stir in brown sugar, fish sauce and lime juice.
6. Serve immediately with white rice and top with cilantro.



## Winter Break – Energy Program Setback

### BEFORE YOU LEAVE CHECKLIST



- **Small Refrigerators**  
Cleaned and Unplugged
- **Small Freezers**  
Defrost and drain
- **Computers & Printers**  
Shut down – not sleep mode
- **Devices**  
Unplug any devices that are plugged into an outlet
- **Thermostats**  
Individual rooms should be set to unoccupied set points
- **Blinds**  
Close them, this helps reduce heat loss
- **Lights**  
If you are the last to leave, turn the lights off, even those with sensors



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